

Diabetes Telehealth Brown-Bag Lunch Series



3rd Wednesday
of each Month

12 – 1:00 p.m.
(MST)

Wednesday, January 17, 2007 **Managing Stress and Diabetes** Jean Weinberger, BSW

Jean Weinberger, BSW serves as the Patient Services Coordinator of Medical Social Services at Lakeview Hospital in Bountiful, Utah. Regularly, Jean delivers presentations on stress management to patients with diabetes and treats a variety of patients on how to manage the stress in their lives for the ultimate goal of properly managing their chronic disease. Jean will provide insight into her long career in helping patients with diabetes and providers manage stress for better health outcomes.

- CEUs offered for nurses (1.5 hours) and dietitians (1 hour) for all Diabetes Telehealth Programs -

Upcoming Presentations:

February 21, 2007 – Heart Disease, Diabetes and Women
March 21, 2007 – Behavior Change (to be confirmed)
April 18, 2007 – Glycemic Index (to be confirmed)
May 16, 2007 – Stroke and Diabetes

*Please use registration form sent by email or visit <http://www.health.utah.gov/diabetes/apps/threg.php>
(Register by January 16 for this program)*

Utah Diabetes Prevention & Control Program
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List of Utah Telehealth Sites:
<http://www.utahtelehealth.net/utn.pdf>

Contact Betsi Patiño to schedule
Telehealth video or telephone links

****For technical assistance on the day of the conference,
call Pat Bryner 801-585-2426****

<http://www.health.utah.gov/diabetes/telehealth/telehealth.htm>